The East Midlands Mesothelioma Multi-disciplinary Team (MDT)

Cancer Services
Information for Patients
The team of health professionals looking after you is known as the multidisciplinary team, or MDT. Once you have had your initial tests and investigations your case will be discussed at the lung MDT meeting in the hospital you have been attending. They will refer your case, if necessary, to the regional meeting that specialises in Mesothelioma.

In the East Midlands we have a regional MDT meeting specifically for mesothelioma. The meeting is coordinated through the University Hospitals of Leicester and video-linked to teams based in Nottingham, Mansfield, Northampton, Kettering, Derby and Lincoln.

Who attends the Mesothelioma MDT meeting?

The team is spread across the region; attendees may be present at the meeting base in Leicester or linked by video conferencing.

**Respiratory physicians** - doctors who are specially trained in respiratory and pleural medicine.

**Thoracic surgeon** - a surgeon (doctor) who is specially trained in the surgical treatment of mesothelioma.

**Oncologist** - a doctor who specialises in the treatment of cancer.

**Radiologist** - a doctor who understands and interprets any scans or x-rays you have had.

**Histopathologist** - a doctor who uses specialised equipment to examine any tissue removed during biopsy.

**Clinical nurse specialist (CNS)** (also known as your key worker) - the CNS specialises in mesothelioma and will act as a link between you and the rest of the team.

**Palliative care team** - either a nurse or a doctor who specialises in symptom management.

**MDT co-ordinator** - an administrator who ensures the smooth running of the MDT meetings.
What happens at an MDT meeting?

The regional Mesothelioma MDT meeting takes place every week on Friday lunchtimes. This is to ensure that each patient is given the same high standard of care, and has the most appropriate treatment and access to clinical trials, no matter who their GP is or which hospital they attend.

During the meeting, the MDT will look at your medical notes and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health, the availability of clinical trials and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the MDT within the region. This may require travel to a hospital not previously involved in your care.

The MDT is attended by health care professionals only.

How will I find out the outcome of the MDT meeting?

A member of the team from the hospital you have been attending will discuss your treatment plan with you. This will usually be at your next out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone. If your treatment plan requires referral to another hospital the referral will only be made once you are in agreement with the proposed treatment plan.

Your key worker will be able to keep you informed about referrals and any issues related to your treatment plan. Your key worker will remain the same and only change if all your care is transferred to another hospital.
Sources of information and support

**Cancer Information Centre - Leicester**
Osborne Building, Leicester Royal Infirmary, LE1 5WW
Staff will provide you with the information you need, or signpost you to help and support available locally and nationally.

Opening hours: Monday to Friday 9.30 am to 4.30 pm
Telephone: 0116 258 6189

**Macmillan Cancer and Support Centre - Nottingham**
Nottingham City Hospital
W4 Ground Floor South Block
Hucknall Road
Nottingham
NG5 1PB
**Tel:** 0115 840 2650

**Macmillan Cancer and Support Centre - Derby**
Level 1 (Entrance 24) Royal Derby Hospital
Uttoxeter Road
Derby
DE22 3NE
**Tel:** 01332 786008

**Macmillan Cancer and Support Centre - Lincoln**
Lincoln County Hospital
Lincoln
Greetwell Road
LN2 5QY
**Tel:** 01522 573799
Macmillan Cancer Information and Support Centre - Northampton
Northampton General Hospital
Northampton Centre of Oncology
Cliftonville
Northampton
NN1 5BD
Tel: 01604 544211

The Macmillan Cancer Information and Support Centre
Outpatients Department
Grantham and District Hospital
101 Manthorpe Road
Grantham
NG31 8DG
Tel: 01476 464978

Mesothelioma UK
Specialist Mesothelioma Information and Support
Freephone: 0800 169 2409
Website: www.mesothelioma.uk.com.

Macmillan Cancer Support
For information and support from cancer support specialists.
Freephone: 0808 808 00 00
Website: www.macmillan.org.uk

Cancer Research UK
Specialist nurses providing a confidential service.
Freephone: 0808 800 4040
Website: www.cancerresearchuk.org
If you have any questions, write them down here to remind you what to ask when you speak to your consultant or nurse specialist.

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
If you would like this information in another language or format, please contact the service equality manager on 0116 250 2959

If you would like this information in another language or format, please contact the service equality manager on 0116 250 2959.

If you would like this information in another language or format, please contact the service equality manager on 0116 250 2959.