

# Nocturnal Dialysis

# Trust Board paper E

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## Executive Summary

This patient story focuses upon the positive experience of care delivered by the Haemodialysis Team in offering the Nocturnal Dialysis Service. A patient shares with the Trust Board how following a number of years needing dialysis, since having this treatment at night this has enabled him to have a normal life.

## Patient Experience

This patient story will be shared via a video link. The main points raised are:

- Night treatment offers longer dialysis time and three days a week of life back
- Night dialysis has led to a normal life
- The Haemodialysis Unit is like a family, they are all thoughtful and caring.

The main element of care that the patient wished to highlight was their overall experience and quality of life which improved with the Nocturnal Dialysis.

## Nocturnal Dialysis

At the present time night dialysis is offered Monday, Wednesday and Friday nights for up to twelve patients. This provides 6.5 hours of haemodialysis three times per week, which increases treatment time for patients by 50% over a week. Research shows that the more haemodialysis given there is a better mortality.

It can be difficult to adjust to dialysing at night so a two week trial period is offered to patients and it has become an established treatment with more patients seeking this service. Benefits for patients are seen physically and personally; improved blood results, reduced bone pain, increased mobility, reduced medications and a much improved social life.

## Team Work

Our team have worked together to set this up and continue to provide an excellent service for our patients. It is the dedication of the staff working alternate nights to cover this service. Our team was one of the first units in the country to offer nocturnal dialysis and we plan to take it forward by offering six nights per week from June 2016 which would provide opportunity for 18 nocturnal treatment sessions.

## Conclusion

This patient story shows how Nocturnal Dialysis has changed and improved their life and this also relates to our other patients. Patient feedback has identified that this service meets the needs of patients requiring dialysis, benefiting them mentally and physically. It is a service that has been established by patient feedback and increasing the opportunity to offer night dialysis for more patients.

Nocturnal Dialysis is a trailblazing service which aims to increase service capacity to six nights per week which would provide more opportunity for more patients and reduce the waiting list.

## Input Sought

The Trust Board is asked to:

- Receive and listen to the patient's story
- Support the on-going delivery of the Nocturnal Dialysis service.

## For Reference

Edit as appropriate:

1. The following **objectives** were considered when preparing this report:

Safe, high quality, patient centred healthcare	Yes
Effective, integrated emergency care	Yes
Consistently meeting national access standards	Not applicable
Integrated care in partnership with others	Yes
Enhanced delivery in research, innovation & ed'	Not applicable
A caring, professional, engaged workforce	Yes
Clinically sustainable services with excellent facilities	Yes
Financially sustainable NHS organisation	Not applicable
Enabled by excellent IM&T	Not applicable

2. This matter relates to the following **governance** initiatives:

Organisational Risk Register	Not applicable
Board Assurance Framework	Not applicable

3. Related **Patient and Public Involvement** actions taken, or to be taken:

Patient Story consists of feedback from a patient directly about their experience of care. In response to this feedback the trust identifies how best practice will be disseminated across the organisation.

4. Results of any **Equality Impact Assessment**, relating to this matter:

No equality issues identified as part of this patient story

5. Scheduled date for the **next paper** on this topic: May 2016

6. Executive Summaries should not exceed **1 page**. My paper does comply

7. Papers should not exceed **7 pages**. My paper does comply