

# The Impact of Urinary Incontinence Treatment for the Older Person

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## Executive Summary

### **Patient Story**

This patient story, captured on DVD, highlights the experience of care following a referral to the continence team. The team met with the patient during an inpatient episode and assessed her urinary incontinence. Initial treatment commenced in preparation for discharge and progress was reviewed in the outpatient's medical continence clinic at Leicester General Hospital.

This story shows how improvements made in a patient's bladder control greatly impacted on their life; socially, psychologically and overall wellbeing.

This patient would like their story to be shared to encourage other patient's to seek support through the outpatients older persons, medical continence clinic and for staff education.

### **Improvements**

Since this story, the following has been undertaken in UHL by the Continence Specialist Sisters:

- Provided drop in sessions for staff titled; 'Incontinence and Skin Care' and 'Continence Equipment and Aids'
- A new 'Continence in-reach' initiative whereby increasing the number of visits to the Acute Frailty Unit and Emergency Decisions Unit to review patients who may have continence issues and to address these during their inpatient stay.

### **Future recommendations**

- To continue to raise the importance of continence care in all appropriate settings.
- Promote Continence Service and increase referrals to the outpatients older persons medical continence clinic

### **Conclusion**

This patient story identifies the impact on improving incontinence for this patient and how on-going education encourages and supports ward staff towards improvements within continence care for all patients.

### **Input Sought**

This paper provides assurance that the Medical Continence Team will continue to assist the UHL workforce in improving Best Practice in Continence Care throughout UHL. Patients are encouraged to share their stories of care within the Trust.

# For Reference

Edit as appropriate:

1. The following **objectives** were considered when preparing this report:

Safe, high quality, patient centred healthcare	Yes
Effective, integrated emergency care	No
Consistently meeting national access standards	No
Integrated care in partnership with others	Yes
Enhanced delivery in research, innovation & ed'	No
A caring, professional, engaged workforce	Yes
Clinically sustainable services with excellent facilities	No
Financially sustainable NHS organisation	Yes
Enabled by excellent IM&T	No

2. This matter relates to the following **governance** initiatives:

Organisational Risk Register	No
Board Assurance Framework	No

3. Related **Patient and Public Involvement** actions taken, or to be taken:

Patients are encouraged to share their stories of care within the Trust.

4. Results of any **Equality Impact Assessment**, relating to this matter:

Scheduled date for the **next paper** on this topic: N/A

5. Executive Summaries should not exceed **1 page**. The paper does comply

6. Papers should not exceed **7 pages**. The paper does comply