

**TRUST BOARD – 2<sup>nd</sup> April 2015**

**MELU (Mesothelioma and Lung Cancer) Luncheon Club**

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<b>DATE:</b>	2 <sup>nd</sup> April 2015
<b>PURPOSE:</b>	<p><b><u>Introduction</u></b></p> <p>From the national Patient Experience Survey 2014, it was recognised that Leicester was 10% below the national average for providing information about support groups. This led the Lung Cancer team to look at where they could improve this.</p> <p>Therefore patients were invited to a focus group to ask what they felt was needed. From this feedback it was evident that patients did not like the term ‘support group’, but felt they needed to meet other patients in a social setting rather than a health care setting.</p> <p>The first meeting was arranged at a local Golf Club for afternoon tea, and was very successful. The group decided to proceed as a social group so the monthly luncheon club was formed.</p> <p><b><u>Aims of the Luncheon Group</u></b></p> <p>The group provides a social setting outside of the hospital for patients and carers to meet and share their cancer journey.</p> <p>The group meets monthly - next month will be the one year anniversary.</p> <p>Patients and carers feel supported and less isolated by meeting others in the same situation. They feel far more confident to talk in a social setting rather than clinical.</p> <p>Feedback from the patients indicated they leave the luncheon club positive, motivated and inspired by having shared their experience.</p> <p>Confidence also increases due to taking part in facilitated social activities i.e. archery, train rides, visit to the House of Lords, as this empowers them to realise they can actually do more than they think they can.</p> <p>Guest speakers are periodically invited as requested by the group such as Surgeons, Oncologists, Dieticians and Pain Specialists to allow group discussions and an opportunity for one to one time if an individual requires.</p> <p><b><u>Conclusion</u></b></p> <p>The Lung Cancer team have seen some wonderful changes in this diverse group of people from all walks of life and their common goal is to live as long as they can as healthily as they can.</p>

	<p>Feedback identifies that this collaborative approach can improve health outcomes for people with long-term conditions as well as reducing demands on the health system.</p> <p>Our recommendation is for other tumour sites to replicate this service for all cancer patients</p>
<b>PREVIOUSLY CONSIDERED BY:</b>	<b>Not considered any where else</b>
<b>Objective(s) to which issue relates *</b>	<p><input checked="" type="checkbox"/> 1. Safe, high quality, patient-centred healthcare</p> <p><input type="checkbox"/> 2. An effective, joined up emergency care system</p> <p><input checked="" type="checkbox"/> 3. Responsive services which people choose to use (secondary, specialised and tertiary care)</p> <p><input type="checkbox"/> 4. Integrated care in partnership with others (secondary, specialised and tertiary care)</p> <p><input type="checkbox"/> 5. Enhanced reputation in research, innovation and clinical education</p> <p><input checked="" type="checkbox"/> 6. Delivering services through a caring, professional, passionate and valued workforce</p> <p><input type="checkbox"/> 7. A clinically and financially sustainable NHS Foundation Trust</p> <p><input type="checkbox"/> 8. Enabled by excellent IM&amp;T</p>
<b>Please explain any Patient and Public Involvement actions taken or to be taken in relation to this matter:</b>	<p>This project, led by the Lung Cancer Team, supports patients and carers in the community once diagnosed with mesothelioma or lung cancer in a social rather than support group setting to meet with our patient and carer preferences.</p> <p>It also coincides with social prescribing which has recently been added to the health agenda. Social prescribing tackles social as well as medical causes behind complex health issues. Research shows that this collaborative approach can improve health outcomes for people with long-term conditions as well as reducing demands on the health system.</p> <p>It is hoped that the Trust will embrace and own this initiative and provide ongoing support for all tumour sites.</p>
<b>Please explain the results of any Equality Impact assessment undertaken in relation to this matter:</b>	<p>The Luncheon Club welcomes people from all walks of life including those with ailments that may impede normal activities of daily living. When sourcing venues to visit or partake in activities it is assessed for suitability for all group members.</p>
<b>Strategic Risk Register/ Board Assurance Framework *</b>	<p><input type="checkbox"/> <b>Strategic Risk Register</b>      <input type="checkbox"/> <b>Board Assurance Framework</b>      <input checked="" type="checkbox"/> <b>Not Featured</b></p>
<p><b>ACTION REQUIRED *</b></p> <p>For decision <input type="checkbox"/>      For assurance <input type="checkbox"/>      For information <input checked="" type="checkbox"/></p>	

- ◆ We treat people how we would like to be treated
- ◆ We do what we say we are going to do
- ◆ We focus on what matters most
- ◆ We are one team and we are best when we work together
- ◆ We are passionate and creative in our work

\* tick applicable box