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Specialist Neuro-Rehabilitation Unit
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University Hospitals of Leicester 
NHS Trust

Caring at its best

SPECIALIST NEURO-REHABILITATION UNIT

Mission Statement:

The Specialist Neuro-Rehabilitation Unit strives to optimise the physical, social psychological, vocational and educational potential of clients with neurological symptoms.

Current capacity - 16 beds

Criteria for Admission:

- Patients who require Specialist Neurological Rehabilitation.
 - Patients with **new** neurological symptoms OR a **deterioration** in their established neurological symptoms (due to other associated pathology/interventions) and have physical, cognitive and psycho-social needs where education and employment potential are key to their rehabilitation.
- OR**
- Patients who have a **new** diagnosis of a Functional Disorder with neurological presentations should understand and have accepted the diagnosis and show commitment towards intensive rehabilitation prior to transfer. Patients must also have agreement from psychiatry services to support their stay on SNRU and help facilitate discharge.
- Patients must have achieved some short term therapy goals prior to admission to the unit and have further short term goals that are realistic and achievable.
- Admission priority will be for acute care inpatients.
- All patients, whether admitted from acute care or from community care must need therapy from three (or more) of the following professions: Physiotherapy; Occupational Therapy; Speech and Language Therapy, Clinical Psychology, Medical and Specialist nursing input
- Patients must consent to admission and actively engage in the rehabilitation process.
- Length of stay is time limited and is determined by rehabilitation needs, goals achieved and UHL policy. An estimated discharge date will be planned on admission to the unit.

Criteria for Non-admission:

- Patients in a coma, persistent vegetative state or minimally conscious state.
- Patients who have consistently challenging behaviour including physical aggression/wandering that cannot be managed in an open ward environment.
- Patients who do not require specialist neurological rehabilitation to facilitate discharge.
- Patients who will benefit from other rehabilitation services despite having an element of neurological impairment.
- Patients who had a low baseline level of function or activity prior to admission.
- Patients who have an end-stage terminal illness with less than one year of life expectancy.
- Patients who are having active chemotherapy for a neurological malignancy.
- Patients who have a tracheostomy.
- Patients who are medically unstable.
- Patients with multiple co-morbidities, e.g. combinations of:
 - Ischaemic Heart Disease (IHD); Peripheral Vascular Disease (PVD); Chronic Obstructive Pulmonary Disorder (COPD); Congestive Cardiac failure (CCF); Dementia; Significant Osteoarthritis or frailty that limits rehabilitation potential or their ability to participate in intensive therapy.