

### University Hospitals of Leicester **NHS**

NHS Trust Caring at its best



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Annual Report 2013-2014

### Introduction

# Welcome to the 2014 Equality Annual report.

The refreshed Equality Delivery System 2 (EDS) was relaunched in November 2013. The EDS is a toolkit and framework for assessing how NHS organisations including UHL are performing with regard to equality, diversity and human rights; how we can improve; and gives a focus to how we get to where we want to be.

Like all hospitals we have an annual equality plan that details our activities for the year. The purpose of which is to ensure that:

- Our processes and procedures are nondiscriminatory
- We identify areas for change
- We make sure that equality is at the heart of all that we do

Our focus for this year has been to better embed equality in all our activity. In order to achieve this we have aligned Equality with Patient Experience and Patient and Public Involvement with an identified lead within the Clinical Management Groups.

UHL continues to declare legal compliance with the Public Sector Equality Duty and has a range

of activities to evidence our position. Highlights include the hosting of a conference for staff on health issues for people who are Gay, Lesbian, Bisexual and Transgender; increased usage of the interpreting service; improved access for patients with a learning disability to our specialist nursing service; the development of an e-learning hate crime training package for staff working in emergency areas. We have also seen continued success of the Leicester Works programme, an increase in equality education available for staff and the development of guidelines to support staff with disabilities whilst at work.

We would also like to thank the Equality Advisory Panel for their continued commitment to equality within UHL.

### The population we serve

The demographic make-up of Leicester, Leicestershire and Rutland (LLR) is diverse and ever changing.

The 2011 census estimated the regions population at just over one million people showing a 17% increase since the last census. It is important that the Trust understands the characteristics of the population to ensure that its services are equipped to meet those it serves.

What did the census tell us about our Leicester, Leicestershire and Rutland population?

32% are under 24yrs and 15.7% are over 65yrs

51% are women and 49% men

**25%** are from a Black Minority Ethnic (BME) background

16.5% have a disability which limits their day to day activities.

**10.4%** act as unpaid carers

49% of over 16yr olds are married or in a civil partnership

52% are Christian and 26% have no religion

12% do not speak English

\*\*Patients sexual orientation was omitted from the census.







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#### Our patient data tells us that on average;

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- **33%** of patients are over 65 years
- **55%** of our patients are female
- 23% of our patients are from a BME background

60% of our patients are Christian and 11% have no religion. Other faiths which many of our patients follow include Hindu, Muslim, Sikh and Jewish.

Over the coming twelve months we will be looking at how we can better capture patient information around other 'protected characteristics' such as disability and sexual orientation.

The census information gives us more detail about who our potential service users and communities are. More detailed engagement with service users from across all the counties diverse communities will also help to establish what their needs are. By monitoring our service users, it allows us to see if we are reaching all the people that may require services. We are also able to assess how effective our services are, and how satisfied or otherwise the different communities are with them. All of this information helps to inform and improve our provision.

### 1 Better outcomes for all

### Better health day

The better health day brings services users, professional staff from health and social care and carers together to discuss how people think health and social care services are doing in relation to caring for peoples needs who have a learning disability. The events are always well attended.

The ideas that are generated are drawn on to a poster. These ideas are then worked on by people involved with the services. On the whole most attendees had received a good service from UHL. There were some comments on waiting time and staff attitude not always being as positive as they would have liked. We are going to use some of the patient stories we have in next years training.

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#### Hate crime figures

Many victims access health services at this time and have ongoing health issues as a result of the event. Darren Goddard, hate crime officer with Leicestershire Police, said: "We know that some victims of hate crimes prefer to speak to a healthcare professional first, rather than the police.

"Therefore, it's important that our healthcare colleagues have awareness and understanding of hate crimes and the impact they can have."

Last year we committed to developing an e-learning programme aimed at raising awareness amongst staff in emergency areas of the hospital as well as ambulance staff who are often the first on the scene. This is a collaborative piece of work with Leicestershire police, EMAS and LPT.

7 years ago Sylvia Lancaster received the devastating news that her daughter had been murdered. Sophie

#### Hate crime incidents are reported in Leicester every year and sadly the numbers are rising.

simply dressed differently and as a result she and her boyfriend were beaten up. Sophie died of the injuries she sustained in the attack. Sylvia, Sophie's mum has campaigned ever since to raise awareness of hate crime and she kindly contributed to our e-learning package for which we are very grateful.

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The programme is completed and will be launched imminently so watch this space.

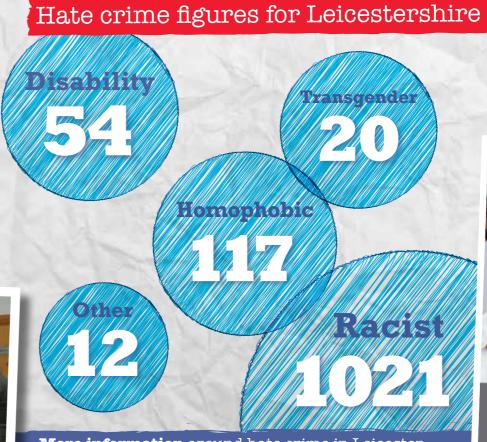


# End of life care for those with a learning disability

An end of life conference for people with a learning disability was held in 2012, which was well attended by staff and service users.

Following on from this the primary and acute care liaison team have continued to work together to look at supporting people with a learning disability to be able to make informed choices about their wishes at end of life.

There is on going work by the team to raise awareness and encourage the use of a pain assessment tool known as DISDAT. The tool identifies pain/discomfort in patients who are unable to communicate their pain. Along with the Palliative Care Team they are continuing to support and promote the use of "Advance Care Plans" as well as patients own documentation which include their wishes and views. In support of the discussions and ideas highlighted in this years national conference a local group focusing on Palliative Care for People with Learning Disabilities has now been developed to implement some of the national initiatives locally.



More information around hate crime in Leicester, Leicestershire and Rutland can be found on the Stamp it Out website **www.stamp-it-out.co.uk** 

### y learning attended



"When they shout: 'Go back to where you came from', I guess they von't mean Wigston."

Being called names, bullied or threatened just because of who you are is an everyday reality for some people. If this is not reported the bullies, bigots and thugs will continue to get away with it. To find out about what you can do, visit

TOGETHER WE CAN STAMP IT OUT

### **Embedding Equality**

#### The Clinical Management Groups (CMG) Review

Mainstreaming equality remains one of our main challenges. Each clinical area has responsibility for providing fair, accessible and individualised care to all of their patients. This year we met with all key managers to review equality work and to discuss how embedded equality principles were in everyday practice.

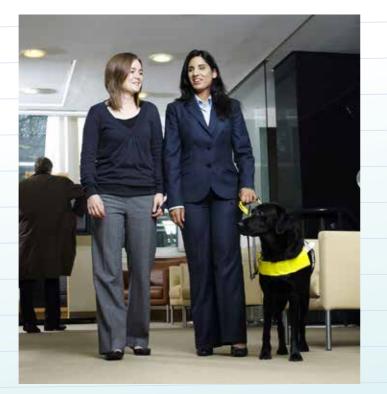
#### There were three lines of enquiry that the interviews were based around which were to:

#### 1. Understand how CMG services operate for all of our patients.

Across all CMG's there was genuine commitment to the principles of fairness and equality of access for patients, carers and visitors. Understanding what this looked like in terms of patient outcomes was less well understood. An example being that patient feedback is generally assessed across the whole patient population. Rarely is there information that looks at satisfaction between groups, making targeted improvement difficult.

#### 2. Demonstrate how the CMG's 'reasonably adjust' their services to accommodate the needs of everyone.

The aim of 'reasonable adjustment' is to ensure that every effort is made to reasonably accommodate the differing needs of patients. On a case by case basis it appears this is done well, with good evidence that the Learning Disability liaison nurses are well utilised across the Trust. For other protected groups it is often less well organised. 'Due Regard' assessments are often only used for larger scale changes rather than as a routine element of care pathway development. This can result in some patients needs being overlooked. The test of any care pathway is "if we get it right for the most vulnerable of our patient groups we are likely to get it right for everyone".



#### 3. Explain how equality and inclusion issues are addressed within the CMG's.

There is clearly an ambition to 'get things right for patients' however equality issues tended to be addressed when they arose. There were some examples where services had adapted to take account of a particular patient group.





### Patient Experience

#### Patient metrics

Over the last year we have extended the number of areas of the Trust's key performance data we are monitoring, by age, sex and ethnicity to check both access and treatment equity. The data continues to show that there are only minimal differences in measured outcomes for ethnicity and sex. There are some differences noted within the age

profiles of patients which will require further investigation.

> • As demonstrated last year in the emergency department data, the older you are the less likely you are to meet the 4hour waiting target. 96% of those aged below 17yrs whilst only 36% of those aged 85 yrs or older did so.

> > • When looking at our in patient referral to treatment times, those from the younger and older

For instance Musculo-skeletal had developed 'learning cards' for the patients who had fractured their hips and had dementia or had English as their second language enabling the patients to participate in their treatment plan. Maternity run a specialised clinic for pregnant women who have undergone genital mutilation.

The good news is that there was no evidence to suggest that access is directly denied on unreasonable grounds for any protected group. That said we do have some issues of consistency in relation to how far a service may or may not go to make the patient journey smoother for our more vulnerable/complex patients. Factors such as bed pressures, staffing levels and attitude all contribute to how well services meet the differing and or additional needs of patients.

We have developed an access checklist for use when planning; designing or renewing services. This will be available on INsite soon so look out for it.

age profiles are slightly more likely to experience a delay in accessing services. For outpatient services however all age group's access services equally.

• Re-admission rates demonstrate that if you are over 65 yrs you are twice as likely to come back into hospital within 30 days compared with those less than 65yrs.



## Potlent survey questions

Patient surveys provide feedback on the quality of the care patients receive, giving the Trust a better understanding of their needs and enabling improvements.

In order to ensure we are getting it right for all groups we have analyzed some key questions from our Patient surveys and the new national Family and Friends test by age ethnicity and sex.

#### The questions we looked at

- Overall, did you feel you were treated with dignity and respect whilst you were on this ward?
- 2) Overall, how would you rate the care you received on this ward?
- **3)** Over all were you treated in a way that respects cultural and religious preferences?



The good news is that we have seen improved scores across all three questions with the set target or above being achieved in nearly all groups. The exceptions were in question 2 where those who's ethnicity was recorded as white or 'other' and for those aged over 85 years fell below set targets. We continue to work with the patient experience team to understand why this is and how we can address it going forward.

### The friends and family test

**The Friends and Family Test asks** "How likely are you to recommend our (service) to friends and family if they needed similar care or treatment?"



**Our results** from in-patients shows that targets are being met except again those whose ethnicity was recorded as white or 'other' fell below set targets. This clearly demonstrates a parallel from the patient survey results. As this is the first analysis of this question we will need to continue to monitor to see if this is seen in further results as it continues to

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be rolled out to all areas in the Trust over the next year.

To try to ensure that we gain feedback from a representative sample of our community many of our patient surveys have now been translated into the three most common foreign languages spoken by patients coming to our Trust -Gujarati, Punjabi and Polish.

### Feedback from Patients with Learning Disabilities

In the past year the service had contact with 500 patients with a Learning disability, which is an increase on the previous year.

We need to make sure that this patient group and their families have an opportunity to feedback their experiences. This information is obtained by the patient and/or their carers filling in a patient's diary during their stay. Generally feedback is good.

"I liked the paper flower made by the doctor for me at Leicester"

"I thanked the hospital staff for the help they gave to me when I arrived in the hospital because I was feeling very bad but they gave me all the help I needed to recover from my illness"

"We were very grateful to have the Learning Disability Acute Liaison Nurse involved" "All nursing staff read and used their hospital information very well and had regular contact with the home staff team. The whole ward was very good in every way to them"

"During their stay in hospital the ward staff were very helpful; liaising with the home to provide them with person centred individualised care. Regular updates from the ward helped us to prepare for their return and each person had a friendly and helpful attitude" "Learning Disability Acute Liaison Nurse came before the appointment and brought papers... All nursing staff read and used their hospital information"

> "We are appreciative of the support you have given to them on both occasions they were at the LRI"

> > Less positive feedback includes issues around:

- Communication between disciplines leading to delays in treatment
- Lack of awareness of staff of caring for someone with a disability
- Over reliance on home carers when in hospital



## Top tips towards getting it right

All patients with a learning disability should have the Emergency Grabsheet, the Hospital Information Booklet and the pain assessment tool when they come into hospital. This will help the hospital staff understand the patient's individual needs.





Inform the Learning Disability Acute Liaison Nurse of the patient's admission on extension 4382.



Orientate the patient to the ward and explain the ward's routine to reduce any anxieties.



Ensure mental capacity assessments are undertaken and results documented.

If the patient does not have capacity, hospital staff should involve family or carers whilst the patient is in hospital when decisions need to be made.

Being Lesbian, Gay, Bisezual or Transgender

#### Why is sexual orientation important when in hospital?

Whilst in many ways society has become far more open to people regardless of their sexual orientation issues still persist. Lesbian, Gay, Bisexual and Transgender (LGBT) people can experience discrimination and harassment because of perception and prejudice.

#### Some Health Facts

- National research suggests that this particular harassment may lead to poor mental health.
- Around half of lesbians (47%), four in 10 gay men (42%) and a guarter (24%) of bisexual women and men reported that they had suffered stress in their lifetime as a result of prejudice and discrimination linked to their sexual orientation.
- 9% of gay men and 14% of bisexual men in the survey reported a mental health condition as did 16% of lesbians and a substantial 26% of bisexual women.
- Substance Misuse LGBT people are more likely to be affected by substance misuse, and lead unhealthy lifestyles.







What people at Pride told us... Top tips for providing care to LGB&T Patients

UHL Partnered with Leicestershire Partnership Trust and attended the Leicestershire Pride event and invited people to comment on their health experiences. Thankfully many had had very positive experiences some less so.

- Lack of confidence about disclosure to health professionals
- Too much focus on mental health and not treating the physical problems;
- "People not referring to my reassigned gender"
- "Good experience in hospital"
- "Need to treat partners of LGB&T patients the same as you would 'heterosexual' partners"

We also asked what key things would make their experiences more positive...

- Respect the individual for who they are
- Don't pre-judge
- Listen
- Provide effective LGBT training and development for health professional to improve awareness
- Treat same sex partners with equal respect.

## Religion and Belief

#### Chaplaincy forms an integral part of the holistic care provided by Leicester's hospitals.

As part of the wider hospital team Chaplains draw upon their training and experience to offer religious, spiritual and pastoral support to patients, visitors and staff members of all faiths or no faith.

We know from feedback in the patient survey that the average score received for the question 'Overall, Did you feel you were treated in a way that respects cultural and religious preferences' is 95. This suggests that we are getting it right for a high proportion of our patients.



#### Carly at its best Supporting patients' religious and spiritual needs

#### For many patients their religious or spiritual care is a key part of their healthcare needs

cord a patient's religion because they may not always be well the appropriate chapterin. Experience shows that sometimes igion is "not known" are very appreciative of support from a to request the app

- in. So it is always best to ask. ing the information clone is not enough. It is important to recognise that for ong me enormanon crone is not enough. It is important to recognise that an patients adhering to their faith's teachings in hospital is an essential part of tolistic care and staff should help them in achieving this.
- There may be patients who wish to pray while in hospital, so please ensure they are aware of the hospital multi-faith prayer rooms. For those that can't get to them, offer an alternative option on the ward it possible. It is important to offer patients help with their ritual washing before they pray where you can. Potients of different faiths may have special dietary requirements. You should inform them of the options available, for example Kosher, Haloi, Pure Vegetarian etc.
- Always make an effort to understand the patent's religious and/or spiritual needs as you would like your religious and/or spiritual needs to be understood if you

#### The Final and Top Tip...

Remember that people of no faith may still have spiritual needs. For example there may be patients who say their religion is "None" but in times of distress to ome supp



#### Did you know?

- The chaplaincy team includes Bahai, Buddhist, Christian, Hindu, Humanist, Jewish, Muslim and Sikh members.
- Chaplains and Chaplaincy volunteers made 14,500 visits to inpatients through the past year.
- **Regular Christian**, Hindu and Muslim prayers are organised on each site for patients, staff and visitors.
- Approx 250 calls for religious/spiritual support or advice were made out of hours in the last year.

### Why did we decide to do Top Tips?

#### At the Trust Annual Public meeting and through

discussions with patients while in hospital the Equality team provided the opportunity for patients to say what was important to them with regards to Faith whilst in hospital'. From replies we are developing an information poster summarizing the key finding to be used as an easy quide for staff.

Look out for copies of the poster coming to your ward soon!!

## Interpreting and Translation

Ensuring good communication between healthcare staff and those we care for is essential if we are to maintain patient safety and increase levels of patient satisfaction.

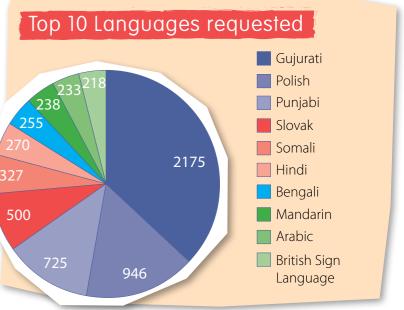
At all times patients and those who care for them should be involved in discussions and decisions about their healthcare, and to be given information to enable them to do this.

In order to achieve this some of our patients will need an interpreter or translation of information into a format they can understand. The Trust has been working with Pearl Linguistics for several years to provide these services for our patients.

In the past year we have seen a 14% increase in the use of interpreters demonstrating that staff understand the need for independent communication support for patients.



For staff needing more information about accessing interpreting services for patients go to http://insite.xuhl-tr.nhs.uk/homepage/corporate/equality-and-diversity/accessing-interpreters



This years top ten language requests shows a change to the previous year with Polish now becoming the second most requested language; Bengali and Arabic now fall within in the top 10 and Russian and Kurdish now falling just outside.

In addition to the top ten languages a further 1621 requests comprising 48 other languages were also made. This demonstrates the multi-cultural society Leicester is well known for.

In the last year there were over 100 requests to the Equality Team for information in an alternate format including large print, foreign language and easy read. We now hold a large amount of alternate formatted literature so these can often be provided to the patient or service users immediately.

One of our goals is to increase the use of telephones for foreign language interpreting this will help ensure good communication in urgent situations and for short conversations. Many areas have been benefiting from the use of new portable dual handsets phones. The distinctive phones will allow conversations between two individuals and the interpreter or in a larger setting using the loud speaker facility to allow a group discussion.

## 3 Empowered, engaged and included staff



Each year in order to comply with the public sector equality duty and make sure we are a fair and diverse organisation we produce a workforce monitoring report.



The report provides an overview analysis of the Equality protected characteristics against our workforce composition, looking at who is starting in and who is leaving the Trust, application of disciplinary procedures and access to training and development.

#### Headlines

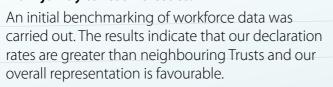
The overall number of staff working at the Trust remained stable. We did see some changes within our staff groups with an increase in front line staff while some support staff transferred to outside providers. Despite these changes our overall profile remains unchanged.

#### What was new in this years report?

- A higher than expected representation of staff involved in the disciplinary process who either have declared a disability, identify as LGB or are aged 41-50 yrs.
- A reduction in the 'unknown' status in areas of disability, sexual orientation and religion and belief.
- The continued challenge of representation at senior level.
- That our representation across the protected characteristics is good compared to other Trusts similar to ours.

How have we progressed with last years top five priorities?

To establish benchmarks with similar acute Trusts so we can consider our performance in line with others and where possible work jointly to resolve issues.



#### To understand why a higher proportion of males and individuals from a BME background are employed on fixed term contracts.

Looking at a sample of posts both fixed term and permanent has indicated that although a higher percentage of individuals from a BME background apply for fixed term posts, at the point of shortlisting there is no difference.

We now need to complete further analysis on those appointed into positions and look at a sample of posts to verify the reason for the fixed term contract.

#### To develop guidance for staff on 'reasonable adjustment'.

The guidance was developed and is now available to staff and managers on our internal website.

#### To audit Band 6 staff to identify any perceived / real blocks to career progression for BME staff.

The findings suggest that there is no indication of direct discrimination evident between men and women, ethnic groups or differing age groups which are acting as barriers to career progression.

#### To ensure equality data is consistently embedded in all data recording across the Trust, with clear explanation and reassurance given on how the data will be utilised.

The data in this year's report demonstrates improvements in some reporting areas. Next year we will review all data recording activity to identify where we are unable to generate accurate equality reports.

#### Workforce Equality and Diversity



#### • To review our data recording activity to identify where we are unable to generate accurate equality reports.

into Band 7 positions.

- Establish an agreed data set for benchmarking with East Midlands colleagues.
- To understand why there is a higher representation of disabled and LGB staff involved in disciplinaries.

#### A copy of the full 2013 report can be found at:

http://www.leicestershospitals.nhs.uk/aboutus/ equality-and-diversity/reports-and-data

### Staff Disability Advisory Service

In September 2012 the Disability Advisory Service was established. Its aim is to provide an additional support service for disabled staff and managers, providing confidential advice and support around working or supporting team members with a disability.

Individuals can contact the service and receive support via email, telephone or meet with an advisor.

#### What are you contacting the service about?

- Accessing appropriate supportive equipment
- Alteration to working hours
- Changes to working areas
- Parking issues
- Absence related to disability



For more information about the service visit http://insite.xuhl-tr.nhs.uk/homepage/corporate/equality-and-diversity/disability-advice

#### Key theme in calls and what we have done

Reasonable adjustments This has lead to the service developing "a guide to making reasonable adjustments". It is hoped this will encourage a pro-active attitude to making reasonable adjustments where needed and ensure a standardised approach throughout the Trust.

guidance around

Learning differences To support staff that may benefit from some



managing their learning differences, ten key members of staff have recently attended 'Hidden Disability Training' with dyslexia action. The training will enable them to assist staff identify potential strategies that will aid them to utilise their strengths and if required make reasonable adjustments in the workplace.

"Thank you so much for all this information, you have given me the most reassurance from everyone I have spoken to. Thank you so much." **Deputy Sister** 

> "Thank you for your time & help today, it's very much appreciated." Support worker

### 3 Empowered, engaged and included staff

#### Update on Leicester Works

We work jointly with Remploy and Leicester College to provide a "getting ready for work programme" for young people who have a learning disability.

This is the fourth year of the programme with fourteen students to date having secured permanent employment in and outside of the Trust. This is an average of over 3 students per cohort of ten or 35% against a national employment average for people with a learning disability of 7%.

Joseph a student on the Leicester Works programme is working within the Volunteer Service meeting and greeting visitors, assisting with the library and helping the buggy drivers.

Alison Reynolds the Volunteer Services Manager said



that it had been a pleasure having Joseph, seeing him develop and build his confidence. She also added that he had become a popular and well liked member of the Volunteer Team.

If you would be interested in supporting a student in the future on a three month work placement please contact: <u>Shaheen.mulla@uhl-tr.nhs.uk</u> or ext 4382. We would love to hear from you.

#### Employment Average for People with a Learning Disability





Trust = 35%



When asked about what was different about coming to work and going to college, Joseph says:

"I have to make sure I get up early so I am not late to work"

"I need to wear special clothes"

"I have made lots of new friends"

"I speak to lots of different people"

When asked what he liked least he responded:

"I love everything"

Equality & Diversity Training compliance

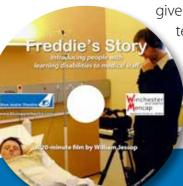


#### **Equality Training**

The Equality team provides training in a variety of ways. This year we have again seen the number of staff receiving Equality and Diversity training increase by another 40% with 6520 staff receiving training in the last twelve months. This means 75% of staff working for the Trust are up to date with their Equality and Diversity training which is above the national average of 60% seen in similar Trusts.

#### New E-Learning Programme

This year the equality team have developed a new streamlined e-learning programme to ensure that our Equality and Diversity training remains current and relevant to our staff. As well as providing key information around how we should apply the principles of Equality, the module



gives staff the opportunity to test out their knowledge and reflect on what they have learned by relating it to their own experiences.

#### Learning Disability Training

In the last year 1100 staff viewed **'Freddie's Story'** a training film about people with learning disabilities for everyone working in healthcare. The film addresses many different aspects of the hospital environment based on real experiences with a focus on improving communication and inspiring everyone to respect and value people with a learning disability.

#### Specialist Training for our Healthcare Assistants

This year the Acute Learning Disability Nurses along with the Development Lead for Planned Care developed an in-house training "I found the course very interesting. I liked the mix between theory and practice. I found the practical sessions very beneficial." HCA - Medicine

"It was a rewarding

course; it helped to refresh my existing knowledge and also gave

me new information."

**HCA** - Orthopaedics

programme called "Health Care Assistants – Extended Skills to Manage Potential Workplace Challenges".

The training focused on increasing awareness of aspects of care that affect patients with learning disabilities and patients with dementia.

We know in many circumstances these groups still experience unsatisfactory care, and face unacceptable inequalities.

The three training days were delivered by the team alongside some of the Trusts specialist nurses

including Patient Experience Sister, Nurse for Adult Safeguarding and the Alcohol Liaison Service. The programme was specifically aimed at Health Care Assistants because they are at the front line of delivering patient care. So far fifty seven Health Care

Assistants have attended the training, their feedback about the programme was positive and also

highlighted the potential and enthusiasm that exists within the HCAs that work for the Trust.





### 3 Empowered, engaged and included staff

#### Lesbian, Gay, Bisexual and Transgender At this year's Equality conference held in July the focus was around the experiences and specific health needs affecting the Lesbian, Gay, Bisexual and Transgender (LGBT) community.

The presentations were delivered by a mix of speakers covering national and local initiatives, LGBT Health Research, local support services available from the Leicester LGBT centre and very personal stories from individuals who were willing to share their experiences. The common aim for all was to ensure we get it right for both our patients and our colleagues.

50 members of staff from across the organisation attended the event with all the evaluations stating that the day was informative and had enhanced their knowledge & awareness of issues that maybe experienced by this group.

### Responses

#### Examples of responses to: "What information individuals found valuable?"

- Not a single or irrelevant speaker **brilliant**. Information on Transgender awareness to cascade to colleagues.
- As a doctor I learnt the do's and don'ts with LGBT patients.
- How often someone "out" would have to keep "coming out".
- Every presentation had valuable and interesting topics and personal stories.





#### Comments

#### Final comments from some of the attendees...

- I am glad I attended this conference. I have learnt so much and will do my utmost to be the champion expected of me.
- Excellent day. I was gripped! UHL should be very proud of their involvement and commitment.
- The variety of speakers was excellent. Signposting to services. Challenging assumption. Increase visual images in all areas of practice / patients. How to engage within ward / clinical area.
- Another great conference by the equality team well done. Great speakers, covering lots of different topics. Jacob was great.
- Superb conference with good balance of content – patient / staff and theory and real life experiences.

### 4 Inclusive leadership at all levels

## Representation at Senior Level





The findings suggest that there is no indication of direct discrimination evident between men and women, ethnic groups or differing age groups which are acting as barriers to career progression.

- band.
- The reasons given by those that do not wish to progress differ dependent on gender, ethnicity and age.
- Trust.







Previous workforce reports had highlighted decreased representation of female and black, minority and ethnic (BME) staff in senior positions in the Trust.

In order to explore this further a sample of Band 6 staff were approached to share their opinions and experiences. The aim was to investigate their career aspirations and discover if there were any perceived barriers unique to particular groups that were preventing career progression.

One hundred and thirty one staff working in a variety of Band 6 job rolls responded to the questionnaire.

## **Key Findings**

 More men than women and more BME staff than white want to progress to a higher

- For all genders, ethnicity and age groups lack of
- promotional opportunities is the most significant reason for lack of career progression.
- A higher number of men and white staff had previously applied for a senior position, with the majority being within the



- The number of those that had previously applied increases with age.
- The main reason as to why individuals felt they were not given the senior post was due to other candidates on the day.
- The majority of respondents wanted further training in all areas of leadership and management including some who did not wish to progress to a higher grade.

## Contacting the Team

Please do contact the team if you would like to discuss anything within the report or any other Equality issue or ideas you may have.

We always love to hear from people.

Deb Baker

Equality Manager

deb.baker@uhl-tr.nhs.uk or 0116 258 4382

Nicola Trainer Assistant Equality Manager

nicola.trainer@uhl-tr.nhs.uk or 0116 250 2959

Shaheen Mulla … Equality Advisor

Shaheen.mulla@uhl-tr.nhs.uk or 0116 258 4382

Katrina Dickens Learning Disability Acute Liaison Lead Nurse

Katrina.dickens@uhl-tr.nhs.uk or 0116 258 4382

Louise Hammond Learning disability Acute Liaison Nurse

Louise.hammond@uhl-tr.nhs.uk or 0116 250 2435

#### Or you can send us a message to:

equality@uhl-tr.nhs.uk

**Further information around equality can be found at the following webpages:** External: www.leicestershospitals.nhs.uk/aboutus/equality-and-diversity Internal: insite.xuhl-tr.nhs.uk/homepage/corporate/equality-and-diversity

ERVICES

EQUALITY

REPORTS